March 2023
Countryside Health Care Center
Calendar is Subject to Change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 .8-9 Morning Greeting 9:30-11:30 Hand Spa RM to RM on 100 & 200 Units / 2 Happy Hour & Trivia in the Dining Room	**2** 9-10 Morning Greeting 10:30 Gentle Stretch 11-11:30 Current Events / 2 Bridge-o 2:15 Hot Cocoa Cart Room to Room on Smith	**3** 9-10 Morning Greeting 10:30 Gentle Stretch 11-11:30 Trivia / 1PM Rosary in Act Room 2 PM Zen Doodle & Easy Listening Music in Activity Room	**4** 9-10 Morning Greeting 10:30 Crossword w/ Gail / 1:45 Saturday Afternoon at the Movies & Concessions
5 9-10 Morning Greeting 10:30 Coffee Social in Activity Room / 2 PM Card Games w/ Gail in Dining Room (for Men & Women)	**6** 9-10 Morning Greeting 10:30 Gentle Stretch 11-11:30 Name 5 / 2 PM LCR in Activity Room *Purim Begins*	**7** 9-10 Morning Greeting 10:30 Gentle Stretch 11-11:30 Would You Rather / 2 PM Bingo in Dining Room	**8** 9-10 Morning Greeting 10:30 Gentle Stretch 11-11:30 Mini Word in a Word Game / 2 PM Happy Hour & National Potato Chip Day in Dining Room	**9** 9-10 Morning Greeting 10:30 Gentle Stretch Noon: Men Only Luncheon in Country Kitchen / 2 PM St. Patrick Craft in Activity Room (sign Up for 15)	**10** 9-10 Morning Greeting 10:30 Gentle Stretch / 1PM Rosary in Act Room 2 PM Country Music with Tim Barrett in the Activity Room	**11** 9-10 Morning Greeting 10:30 Word in a Word in The Activity Room / 1:45 Afternoon at the Movies w/ Maria
12 9-10 Morning Greeting 10:30 Communion Service w/ St. Mary's of Milford / 2 PM Bingo-cise w/ Maria in the Dining Room *Daylight Saving Time Begins*	**13** 9-10 Morning Greeting 10:15-11:30 Rise & Shine Bingo in the Activity Room / 2 PM Monday Afternoon at the Movies	**14** 9-10 Morning Greeting 10:30 Gentle Stretch 11:10-11:30 Spring Name 5 / 2 PM Vinnie Ames Entertains with Irish Music for the March Birthday & Shamrock Shakes	**15** 9-10 Morning Greeting 10:30 Gentle Stretch 11-11:30 Irish Trivia Time / 1:45 Bridge-o in Activity Room	**16** 9-10 Morning Greeting 10:15 For Men Only Bagels & Coffee Social in Country Kitchen 10:30 Gentle Stretch / 2PM Celebrating St. Patrick's Day Pub in the Dining Room	**17** Wear Your Green Today 9-10 Morning Greeting 10:30 Top of the Morning Stretch / 1PM Rosary in Act RM 1:45 Bingo Shenanigans (Prizes) in the DR *St. Patrick's Day*	**18** 9-10 Morning Greeting 10:30 Gentle Stretch / 1:30 Milford Garden Club: weather permitting: *(list is complete)
19 8:15-9:15 Morning Greeting 10-11:15 Room to Room Cocoa Cart w/ Gail / 2:00 Card Games with Gail in the Dining Room for Men & Women	**20** Wear pastel colors today 9-10 Morning Greeting 10:30 Gentle Stretch 11-11:30 Chit Chat / 2 PM To Be Announced *Spring Begins*	**21** 9-10 Morning Greeting 10:30 Animal World Experience / 2 PM Spring Time Bingo Bonanza In the Dining Room	**22** 9-10 Morning Greeting 10:30 Resident Council In the Activity Room Noon: Dining Grp, sign up by 3/8 for 15 TBA 2 PM Sunshine Catcher Craft in Activity Room *Ramadan Begins*	**23** 9-10 Morning Greeting 10:30 Gentle Stretch 11-11:30 Travel Destination Short Video / 2 PM Travel Destination & Trivia Social	**24** 9-10 Morning Greeting 10:30 Entertainer Jim Porcella / 1PM Rosary in Act Room 2 PM LCR in Activity Room	**25** 9-10 Morning Greeting 10:30 Gentle Stretch / 1:45 Bingo in the Dining Room
26 9-10 Morning Greeting 10:30 Communion Service w/ St. Mary's of Milford / 2 Bingo in Dining Room	**27** 9-10 Morning Greeting 10:30 Tap'N Time with Belle / 2 PM Catholic Mass w/ St. Mary's of Milford	**28** 9-10 Morning Greeting 10:30 Veteran's Coffee Social in Country Kitchen / 2 PM Bingo-cise in Dining Room	**29** 9-10 Morning Greeting 10:30 Jeopardy Challenge / 2 PM Entertainment w/ Polka Paul	**30** 9-10 Morning Greeting 10:30 Gentle Stretch / 1:45 Red Sox Opening Day Pub & Grub in Activity Room Wear Red Sox Attire	**31** 8-10:30 Morning Greeting & Distribution of Calendars 10:30 Gentle Stretch / 1 PM Rosary in Act. Room 2PM Spring Time Word in a Word w/ Maria	SPECIAL NOTICE: ***Mark Your Calendar for Tuesday July 11, 2023 for 10 AM. The Milford K-9 unit will be here for a demonstration outside.