

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 9-10 Morning Greeting 9:30 Worship Service on TV <i>10:30 Communion</i> <i>Service w/ St. Mary's of Milford</i> 1:45 Bridge-O in the Dining Room	2 9-10 Morning Greeting 10:30 Gentle Stretch Noon - 3:30 PM No Formal Activity Due to Annual Disaster Drill Training for Staff <i>1:45 Room to Room Cart & Visits</i>	3 Chronicle & Word Search Distributed on 10/2/23 <i>10:30 -11:30 Remembering Our Friends Abigail will host in the Act Room</i> 1:45 PM Bingo w/ Maria In the Dining Room	4 9-10 Morning Greeting 10:30 Gentle Stretch 11-11:45 Word in a Word 1:45 Afternoon at the Movies: Musical	5 9-10 Morning Greeting 10:30 Gentle Stretch 11 Name 5: Autumn Edition 1:45 Zen Doodle & Easy Listening Music in Activity Room	6 7:45-8:45 Morning Greeting 9:45-11 Hot Cocoa & Beverage Cart on Smith 1:45 Bingo-cise in the Dining Room w/ Sandy	7 9-10 Morning Greeting 10:30 Gentle Stretch 11-11:45 Easy Listening Music 1:45 Time on Court Yard If cold or Rain Afternoon at the Movies
8 9-10 Morning Greeting 9:30 Worship Service on TV 10:30 Sunday Stretch 1:45 Bingo in the Dining Room	9 9-10 Morning Greeting 10:30 Gentle Stretch 1:45 LCR in the Activity Room <small>Columbus Day (US) Indigenous Peoples' Day Thanksgiving Day (Canada)</small>	10 9-10 Morning Greeting <i>10-11:30 Italian Travelogue with Gail in Act. Room</i> 1:45 Celebrating Italian Desserts & Music in the Dining Room	11 9-10 Morning Greeting 10:30 Gentle Stretch 1:45 Veteran Wall Dedication & Social in the Dining Room	12 8-9 Morning Greeting 9:15- 11:45 Ladies Hand Spa Room to Room on Smith 100 & 200 1:45 Leaf Stamp Print Craft in Activity Room	13 9-10 Morning Greeting 10:30 Hot Cocoa & Beverage Cart on Smith 1:45 Bingo in the Dining Room with Maria	14 9-10 Morning Greeting 10:30 Gentle Stretch 11-11:30 Trivia w/Gail 1:45 Saturday Movie Matinee w/ Concessions
15 9-10 Morning Greeting 9:30 Worship Service on TV <i>10:30 Communion</i> <i>Service w/St. Mary's of Milford</i> 1:45 Bingo in the Dining Room	16 7:45-8:45 Morning Greeting 10:30 Gentle Stretch 11 Easy Listening Music 1:45 Baked Potato Bar In the Dining Room	17 9-10 Morning Greeting 10:30 Gentle Stretch 1:45 Bingo in the Dining Room 2 PM Beverage Cart on Smith Room to Room	18 9-10 Morning Greeting 10:30 Gentle Stretch Noon: Dine in for 12 from Maria's Pizza in Hopedale You Must Sign Up 2:00 Pumpkin Craft: Sign Up Needed for 15	19 7:45-8:45 Morning Greeting 10:30 Gentle Stretch 11 Easy Listening Music: Country Edition 2-3:30 TBA	20 9-10 Morning Greeting <i>10:15 Hand Spa Rehab Unit RM to RM</i> 10:30 Gentle Stretch 1:45 Jeopardy Challenge with Gail in the Activity Room	21 9-10 Morning Greeting 10:30 Gentle Stretch 11-11:45 Easy Listening Music: The 1950's 1:45 Garden Club: Sign Up, Limit is 15 YOU MUST SIGN UP
22 9-10 Morning Greeting 9:30 Worship Service on TV 10:30 Sunday Stretch 1:45 Tailgate Party Patriots vs Buffalo Bills in Activity Room	23 9-10 Morning Greeting 10:30 Entertainer Tony D'Ermo in the Act. Rm. 2 PM Catholic Mass w/ St. Mary's of Milford	National Egg Day 24 8:30-9:30 Morning Greeting 10:15 Bingo in the Dining Room 1:45 Happy Hour & Unlucky Trivia w/ Devil'd Eggs & Mini Quiche	25 9-10 Morning Greeting 10:30 Resident Council Meeting in Act. Rm. 1:45 OCTOBERFEST SOCIAL & Trivia in the Dining Room	26 8-9 Morning Greeting 9:45-11:30 Coffee & Pumpkin Muffin Decorating in the Activity Room 1:45 Tap 'N Time with Belle in the Activity Room	27 8-9 Morning Greeting 9:30 Ladies Hand Spa RM to RM 100 Unit 1:45 Bingo w/ Maria in the	28 8-9 Morning Greeting 9:30 Ladies Hand Spa RM to RM 200 Unit 1:45 LCR in the Activity Room
29 8-9 Morning Greeting 9:30-11:30 Ladies Hand Spa 100 Unit Rm to Rm 1:45 Tailgate Party as the Patriots play the Dolphins	30 8-9 Morning Greeting 9:30-11:30 Ladies Hand Spa 200 Unit Rm to Rm 1:45 Halloween Movie "The Clock Inside the Walls"	Wear Orange & Black! 31 9-10 Morning Greeting 10:30 Music with Alexandria in Act. Room 1:45 Halloween Social, Music & Refreshments with Tom & Andy in the Act. Room <small>Halloween</small>	<div> <div>October 2023</div> <div>COUNTRYSIDE HEALTH CARE- Calendar Subject to Change</div> </div>			