

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

<p>9-10 Morning Greeting 9:30 Worship Service on TV <i>10:30 Communion</i> <i>Service w/ St. Mary's of Milford</i> 1:45 Bridge-O in the Dining Room</p> <p>1</p>	<p>9-10 Morning Greeting 10:30 Gentle Stretch Noon - 3:30 PM No Formal Activity Due to Annual Disaster Drill Training for Staff 1:45 Room to Room Cart & Visits</p> <p>2</p>	<p>Chronicle & Word Search Distributed on 10/2/23 10:30 -11:30 <i>Remembering Our Friends</i> <i>Abigail will host in the Act Room</i> 1:45 PM Bingo w/ Maria In the Dining Room</p> <p>3</p>	<p>9-10 Morning Greeting 10:30 Gentle Stretch 11-11:45 Word in a Word 1:45 Afternoon at the Movies: Musical</p> <p>4</p>	<p>9-10 Morning Greeting 10:30 Gentle Stretch 11 Name 5: Autumn Edition 1:45 Zen Doodle & Easy Listening Music in Activity Room</p> <p>5</p>	<p>7:45-8:45 Morning Greeting 9:45-11 Hot Cocoa & Beverage Cart on Smith 1:45 Bingo-cise in the Dining Room w/ Sandy</p> <p>6</p>	<p>9-10 Morning Greeting 10:30 Gentle Stretch 11-11:45 Easy Listening Music 1:45 Time on Court Yard If cold or Rain Afternoon at the Movies</p> <p>7</p>
<p>9-10 Morning Greeting 9:30 Worship Service on TV 10:30 Sunday Stretch 1:45 Bingo in the Dining Room</p> <p>8</p>	<p>9-10 Morning Greeting 10:30 Gentle Stretch 1:45 LCR in the Activity Room <small>Columbus Day (US) Indigenous Peoples' Day Thanksgiving Day (Canada)</small></p> <p>9</p>	<p>9-10 Morning Greeting 10-11:30 <i>Italian Travelogue with Gail in Act. Room</i> 1:45 Celebrating Italian Desserts & Music in the Dining Room</p> <p>10</p>	<p>9-10 Morning Greeting 10:30 Gentle Stretch 1:45 Veteran Wall Dedication & Social in the Dining Room</p> <p>11</p>	<p>8-9 Morning Greeting 9:15- 11:45 <i>Ladies Hand Spa Room to Room on Smith 100 & 200</i> 1:45 Leaf Stamp Print Craft in Activity Room</p> <p>12</p>	<p>9-10 Morning Greeting 10:30 Hot Cocoa & Beverage Cart on Smith 1:45 Bingo in the Dining Room with Maria</p> <p>13</p>	<p>9-10 Morning Greeting 10:30 Gentle Stretch 11-11:30 Trivia w/Gail 1:45 Saturday Movie Matinee w/ Concessions</p> <p>14</p>
<p>9-10 Morning Greeting 9:30 Worship Service on TV 10:30 Communion <i>Service w/St. Mary's of Milford</i> 1:45 Bingo in the Dining Room</p> <p>15</p>	<p>7:45-8:45 Morning Greeting 10:30 Gentle Stretch 11 Easy Listening Music 1:45 Baked Potato Bar In the Dining Room</p> <p>16</p>	<p>9-10 Morning Greeting 10:30 Gentle Stretch 1:45 Bingo in the Dining Room 2 PM Beverage Cart on Smith Room to Room</p> <p>17</p>	<p>9-10 Morning Greeting 10:30 Gentle Stretch <i>Noon: Dine in for 12 from Maria's Pizza in Hopedale You Must Sign Up</i> 2:00 Pumpkin Craft: Sign Up Needed for 15</p> <p>18</p>	<p>7:45-8:45 Morning Greeting 10:30 Gentle Stretch 11 Easy Listening Music: Country Edition 2-3:30 TBA</p> <p>19</p>	<p>9-10 Morning Greeting 10:15 Hand Spa <i>Rehab Unit RM to RM</i> 10:30 Gentle Stretch 1:45 Jeopardy Challenge with Gail in the Activity Room</p> <p>20</p>	<p>9-10 Morning Greeting 10:30 Gentle Stretch 11-11:45 Easy Listening Music: The 1950's 1:45 Garden Club: Sign Up, Limit is 15 YOU MUST SIGN UP</p> <p>21</p>
<p>9-10 Morning Greeting 9:30 Worship Service on TV 10:30 Sunday Stretch 1:45 Tailgate Party Patriots vs Buffalo Bills in Activity Room</p> <p>22</p>	<p>9-10 Morning Greeting 10:30 <i>Entertainer Tony D'Ermo in the Act. Rm.</i> 2 PM Catholic Mass w/ St. Mary's of Milford</p> <p>23</p>	<p>National Egg Day 8:30-9:30 Morning Greeting 10:15 Bingo in the Dining Room 1:45 Happy Hour & Unlucky Trivia w/ Deviled Eggs & Mini Quiche</p> <p>24</p>	<p>9-10 Morning Greeting 10:30 Resident Council Meeting in Act. Rm. 1:45 OCTOBERFEST SOCIAL & Trivia in the Dining Room</p> <p>25</p>	<p>8-9 Morning Greeting 9:45-11:30 <i>Coffee & Pumpkin Muffin Decorating in the Activity Room</i> 1:45 Tap 'N Time with Belle in the Activity Room</p> <p>26</p>	<p>8-9 Morning Greeting 9:30 <i>Ladies Hand Spa RM to RM 100 Unit</i> 1:45 Bingo w/ Maria in the</p> <p>27</p>	<p>8-9 Morning Greeting 9:30 <i>Ladies Hand Spa RM to RM 200 Unit</i> 1:45 LCR in the Activity Room</p> <p>28</p>
<p>8-9 Morning Greeting 9:30-11:30 <i>Ladies Hand Spa 100 Unit Rm to Rm</i> 1:45 Tailgate Party as the Patriots play the Dolphins</p> <p>29</p>	<p>8-9 Morning Greeting 9:30-11:30 <i>Ladies Hand Spa 200 Unit Rm to Rm</i> 1:45 Halloween Movie "The Clock Inside the Walls"</p> <p>30</p>	<p>Wear Orange & Black! 9-10 Morning Greeting 10:30 Music with Alexandria in Act. Room 1:45 Halloween Social, Music & Refreshments with Tom & Andy in the Act. Room</p> <p>31</p> <p><small>Halloween</small></p>	<h1>October 2023</h1> <p>COUNTRYSIDE HEALTH CARE- Calendar Subject to Change</p>			