

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# May 2021



**1**  
 9:00AM: Morning Greeting and Daily Chronicle  
 10:30AM: Horseracing  
 2:00PM Run for the Roses Social  
 May Day

**2**  
 9:00AM: Morning Greeting and Daily Chronicle  
 10:00AM: Sunday Worship Services  
 2:00PM: RLC

**3**  
 9:00AM: Morning Greeting and Daily Chronicle  
 10:30AM: Music & Motion  
 2:00PM: World's Fair Documentary

**4**  
 9:00AM: Morning Greeting and Daily Chronicle  
 10:30AM: Rock n' Roll Sitter-size  
 2:00PM: Bingo

**5**  
 9:00AM: Morning Greeting and Daily Chronicle  
 10:30AM: Tour of Mexico  
 2:00PM: Tappin' Time  
 3:00PM: Macarena & Margaritas  
 Cinco de Mayo

**6**  
 9:00AM: Morning Greeting and Daily Chronicle  
 10:30AM: Body & Brain  
 2:00PM: No Bake Snack Fun

**7**  
 9:00AM: Morning Greeting and Daily Chronicle  
 10:30AM: Morning Cardio  
 2:00PM Netflix Series: The Crown: Episode 1

**8**  
 9:00AM: Morning Greeting and Daily Chronicle  
 2:00PM: Patio Conversations

**9**  
 9:00AM: Morning Greeting and Daily Chronicle  
 10:00AM: Sunday Worship Services  
 2:00PM: Mother's Day Afternoon Tea  
 Mother's Day

**10**  
 9:00AM: Morning Greeting and Daily Chronicle  
 10:30AM: Music & Motion  
 2:00PM: Pokeno  
 National Nursing Home Week Begins

**11**  
 9:00AM: Morning Greeting and Daily Chronicle  
 10:30AM: Rock n' Roll Sitter-size  
 2:00PM: Ice Cream Sundaes

**12**  
 9:00AM: Morning Greeting and Daily Chronicle  
 10:30AM: Gentle Chair Yoga & Relaxation  
 2:00PM: Paint and Vino

**13**  
 9:00AM: Morning Greeting and Daily Chronicle  
 10:00AM: Body & Brain  
 11:00AM: Farm Animal Visits  
 2:00PM: High Stakes Bingo

**14**  
 9:00AM: Morning Greeting and Daily Chronicle  
 10:30AM: Music & Motion  
 2:00PM: Patio and Conversations  
 Final Celebrations of Nursing Home Week

**15**  
 9:00AM: Morning Greeting and Daily Chronicle  
 10:30AM:  
 2:00PM Afternoon at the Movies & Candy Cart  
 Armed Forces Day

**16**  
 9:00AM: Morning Greeting and Daily Chronicle  
 10:00AM: Sunday Worship Services  
 2:00PM: Becoming: Michelle Obama Documentary  
 Shavuot Begins

**17**  
 9:00AM: Morning Greeting and Daily Chronicle  
 10:30AM: Music & Motion  
 2:00PM: Silver Striders Walking Club

**18**  
 9:00AM: Morning Greeting and Daily Chronicle  
 10:30AM: Rock n' Roll Sitter-size  
 2:00PM: Bingo

**19**  
 9:00AM: Morning Greeting and Daily Chronicle  
 10:30AM: Gentle Chair Yoga & Relaxation  
 2:00PM: Dollar Store DIY

**20**  
 9:00AM: Morning Greeting and Daily Chronicle  
 10:30AM: Resident Council  
 2:00PM: Happy Hour

**21**  
 9:00AM: Morning Greeting and Daily Chronicle  
 10:30AM: Morning Cardio  
 2:00PM Netflix Series: The Crown: Episode 2

**22**  
 9:00AM: Morning Greeting and Daily Chronicle  
 2:00PM: Patio Conversations:

**23**  
 9:00AM: Morning Greeting and Daily Chronicle  
 10:00AM: Sunday Worship Services  
 2:00PM: Patio and Lemonade

**24**  
 9:00AM: Morning Greeting and Daily Chronicle  
 10:30AM: Music & Motion  
 2:00PM: Bowling  
 Victoria Day (Canada)

**25**  
 9:00AM: Morning Greeting and Daily Chronicle  
 10:30AM: Rock n' Roll Sitter-size  
 2:00PM: Bingo

**26**  
 9:00AM: Morning Greeting and Daily Chronicle  
 10:30AM: Gentle Chair Yoga & Relaxation  
 2:00PM: Garden Club

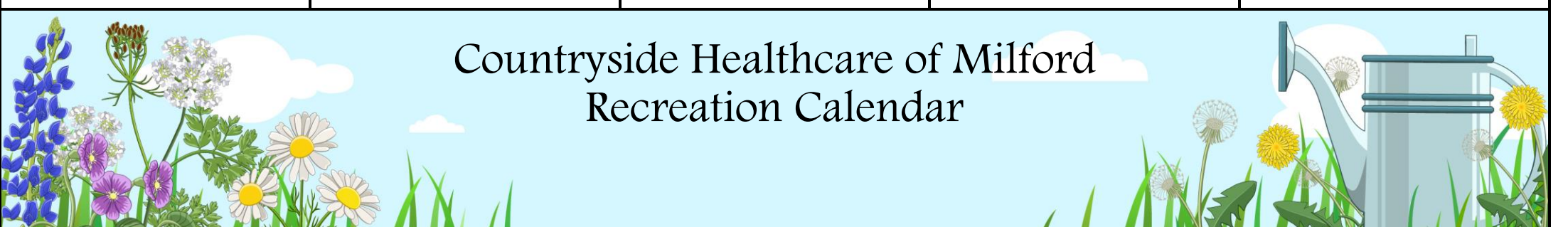
**27**  
 9:00AM: Morning Greeting and Daily Chronicle  
 10:30AM: Music & Motion  
 2:00PM: May Birthday Party

**28**  
 9:00AM: Morning Greeting and Daily Chronicle  
 10:30AM: Morning Cardio  
 2:00PM Netflix Series: The Crown: Episode 3

**29**  
 9:00AM: Morning Greeting and Daily Chronicle  
 10:30AM: Life Stories  
 2:00PM: Bingo for Fun

**30**  
 9:00AM: Morning Greeting and Daily Chronicle  
 10:00AM: Sunday Worship Services  
 2:00PM: Patriotic Songs & Hymns

**31**  
 9:00AM: Morning Greeting and Daily Chronicle  
 10:30AM: Music & Motion  
 12:00PM: Memorial Day Cookout  
 Memorial Day


  
 Countryside Healthcare of Milford  
 Recreation Calendar